

**Sheet Metal Workers' Health Plan
of Southern California, Arizona & Nevada**

Monthly Retiree Self-Pay Rates as of January 1, 2021

For ALL Medical Plans, ALL Retirement Dates

Pension Credits	<i>Self-Pay Percentage of Cost</i>	Retiree or Surviving Spouse Only		Retiree and Spouse		
		Enrolled in Medicare Parts A & B	Not Enrolled in Medicare Parts A & B	Both Enrolled in Medicare Parts A & B	Both Not Enrolled in Medicare Parts A & B	One Enrolled in Medicare Parts A & B and One Not Enrolled in Medicare Parts A & B
30 or more	60%	\$227	\$493	\$454	\$986	\$720
At least 25, but less than 30	70%	\$265	\$575	\$530	\$1,150	\$840
At least 20, but less than 25	80%	\$302	\$657	\$604	\$1,314	\$959
At least 15, but less than 20	90%	\$340	\$739	\$680	\$1,478	\$1,079
All Others	100%	\$378	\$821	\$756	\$1,642	\$1,199
Surviving Spouse NOT receiving a Pension Check		Your self-pay rate will be \$227 for those enrolled in Medicare, or \$493 for those not enrolled in Medicare				
Surviving Spouse receiving a Pension Check		Your self-pay rate is based on your spouse's Pension Credits				